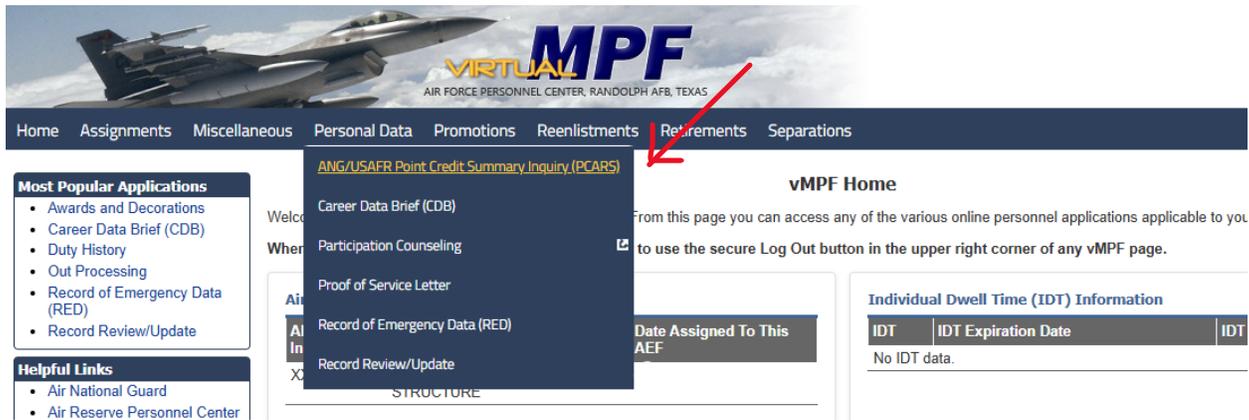


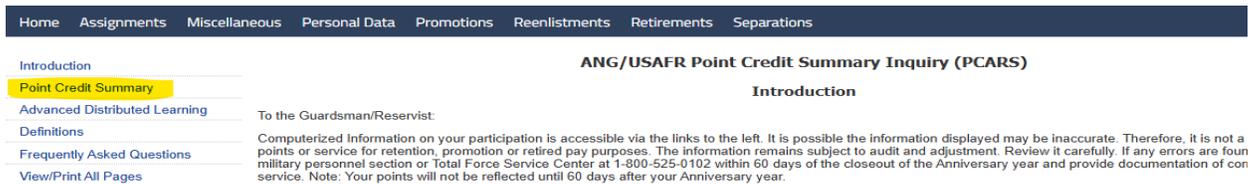
How to Access and Print Your PCARS in vMPF

1. Log into vMPF.
2. Select Personal Data.
3. Select Point Credit Summary (PCARS).



4. Select Point Credit Summary from the menu on the left side of the screen.

This will open your ANG/USAFR Point Credit Summary Inquiry (PCARS) page where you can view your Point Credit Summary.



5. Once the page opens, right-click anywhere on the screen and select Print.
6. Save or print the document so it can be uploaded to your MyFSS MyRetirements application.

